



## Home Activities and Recommended Resources

This resource guide contains ideas for many activities and family learning opportunities that can be done in the comfort of your home. We will continue to update this guide to provide new ideas. If you have found an activity that you would like to share, please tag us on Facebook at @EHParks or email [jcooper@easthartfordct.gov](mailto:jcooper@easthartfordct.gov) and [sonel@easthartfordct.gov](mailto:sonel@easthartfordct.gov).

### Family Daily Life

- How to Set up a Daily Schedule: [Link](#)
- Outdoor Activity Ideas By Age: [Link](#)
- Daily Scavenger Hunt Ideas (links through Facebook): [Link](#)

### Culture and Arts

- Virtual Museum Tours and Online Art Exhibits: [Link](#)
- Museum of Boston Fine Arts – Online Exhibitions and Tours: [Link](#)
- Open Culture: free coloring pages and other resources: [Link](#)

### Crafts and Drawing

- 50 Easy Kids Crafts: [Link](#)
- Kids Arts & Crafts: [Link](#)
- More Kids Art Project Ideas : [Link](#)
- Drawing Classes for Kids (YouTube): [Link](#)

### Cooking and Baking

- Easy Baking Recipes for Kids: [Link](#)
- Baking with kids: [Link](#)
- Cooking with Kids: [Link](#)
- 21 Fun Recipes to Make with Kids: [Link](#)

## Exercise and Movement

- Cosmic Kids Yoga (YouTube): [Link](#)
- GoNoodle (YouTube): [Link](#)
- Koo Koo Kanga Roo (YouTube): [Link](#)
- Family Workout Ideas: [Link](#)
- Move to Learn (YouTube): [Link](#)
- Coach Wood PE (YouTube): [Link](#)
- All Trails App – Free Download to Find Local Trails: [Link](#)
- Little Sports - Kids Exercise Classes (YouTube): [Link](#)
- Indoor Tennis With Paper Plates and Balloons (Facebook Video): [Link](#)
- Skyhawks: Family Resources: [Link](#)

## Nature, National Parks and Zoos

- Monterey Bay Aquarium – live streams (YouTube): [Link](#)
- Nature Art Projects for Kids: [Link](#)
- Tour Yellowstone National Park: [Link](#)
- Farm and Food Virtual Tours (360 included): [Link](#)
- San Diego Zoo Live Cams: [Link](#)
- San Diego Zoo KIDS: [Link](#)
- Bronx Zoo Virtual Zoo: [Link](#)
- Mystic Aquarium Online Resources and Pen Pal Program: [Link](#)
- Meigs Point Nature Center (Madison, CT) – Virtual Learning and Facebook Live: [Link](#)
- Beardsley Zoo Distance Learning, Coloring Pages: [Link](#)
- Roger Williams Virtual Zoo (YouTube): [Link](#)
- Google 3D Animals – Use Your Phone to Add 3D animals using your camera: [Link](#)
  - Type Snakes into Google (on an iPhone or android), scroll down and then press ‘View in 3D’. It brings up your camera and then a few seconds later you have a ball python in your house! You can change its size and move it around.
  - *Other animals include: Lion, Tiger, Cheetah, Shark, Hedgehog, Duck, Emperor penguin, Wolf, Angler fish, Goat, Rottweiler, Snakes, Eagle, Brown bear, Alligator, Horse, Shetland pony, Macaw, Pug, Turtle, Cat, Octopus, Dog, Panda*

## Science, STEM, Experiments

- Sci Show Kids (YouTube): [Link](#)
- Raising Dragons – Awesome Activities for Kids: [Link](#)
- Chrome Music Lab: [Link](#)
- Generation Genius – Science Videos and Lessons: [Link](#) (Free 1 month trial)
- Links to Virtual Reality Games for Teens: [Link](#)
- Intro to Stop Motion Videos: [Link](#)
- Digital Escape Rooms (links through Facebook): [Link](#)
- Cloud Dough (made with cornstarch and hair conditioner): [Link](#)

- The Amazing Andy Virtual Magic Shows (links through Facebook): [Link](#)

## **Educational**

- FunBrain Educational Games by Age: [Link](#)
- Math Activities for Home: [Link](#)
- PBS Kids Games and Activities: [Link](#)
- Free printable worksheets: [Link](#)
- National Geographic Kids - geography and animals: [Link](#)
- ABCya - Mathematics and Reading games: [Link](#)
- ClickSchooling – Daily Curriculum Ideas: [Link](#)
- Cool Kid Facts – Fun Educational Facts: [Link](#)
- Weather Wiz Kids – Learning about Weather, Fun Experiments: [Link](#)
- Toddler and Preschool Ideas: [Link](#)
- Discovery Education: [Link](#)
- Teachers pay teachers: [Link](#)
- StarFall – Learning Games for Pre-K to Grade 3: [Link](#)

## **Adult Fitness**

- The Edge Fitness – Free Online Classes (links through Facebook): [Link](#)
- Planet Fitness – Free Online Classes (links through Facebook): [Link](#)
- Planet Fitness – Free Workout with Julian Edelman (links through Facebook): [Link](#)